

*R*egional & *S*tatewide *D*irectory

*L*icensed Substance Abuse Treatment Programs & Private Practitioners  
Caring for Pregnant and Parenting Women with Substance Use and Domestic Violence Issues



*Serving Bergen Essex Morris Passaic County*

*Regional & Statewide Directory*  
**Licensed Substance Abuse Treatment Programs & Private Practitioners**  
**Caring for Pregnant and Parenting Women with Substance Use and Domestic Violence Issues**

**PURPOSE AND INTENT**

The purpose of this directory is to provide access to information regarding the availability of licensed private practitioners providing behavioral health services to women, particularly women who are pregnant, parenting, and/or post loss.

The behavioral health private practitioners listed in this directory were identified through the New Jersey Department of Consumer Affairs/New Jersey Board of Examiners that provided a list of currently licensed practitioners located in Essex, Bergen, Passaic, and Morris counties.

The Northern New Jersey Maternal/Child Health Consortium shall have absolutely no liability in connection with provider services, or with data, information, or lack of information available in this directory. Specifically, the Northern New Jersey Maternal/Child Health Consortium shall have no liability for: 1) any loss or injury caused in whole or in part by its actions, omissions, or negligence, or for contingencies beyond its control, in procuring, compiling or delivering the information; 2) any errors, omissions, or inaccuracies in the information regardless of how caused, or delays or interruptions in the delivery of information; 3) any decisions made or action taken or not taken in reliance upon the information furnished hereunder.

The Northern New Jersey Maternal/Child Health Consortium makes no warranty, representation, or guarantee, as to the content, accuracy, timeliness or completeness of the information contained in this directory, or that such information may be relied upon for reasons other than its express purpose. The Northern New Jersey Maternal/Child Health Consortium makes no warranty, representations, or guarantee that the information contained in this directory of substance abuse treatment services will be error-free. Inclusion of substance abuse, mental health, and/or domestic violence practitioners does not constitute an endorsement of these providers' practices by the Northern New Jersey Maternal/Child Health Consortium, its agents or representatives. The Northern New Jersey Maternal/Child Health Consortium makes no representations or claims as to the quality of these providers' services or the content and accuracy of the information contained herein.



*Bergen County*

## BERGEN COUNTY, NEW JERSEY

### Licensed Treatment Programs & Hotlines Responding to Pregnant and Parenting Women with Substance Use and Domestic Violence Issues

Assessment & Treatment Sites	Level of Care	Contact	Number	Address	Methadone
Bergen Regional Medical Center	Out-Patient	Access Center	800-730-2762	Paramus	No
Care Plus NJ	Out-Patient	Admissions	201-265-8200	Paramus	Yes
Addiction Recovery Program	Out-Patient	Admissions	201-952-4110	Hackensack	No
Msgr. Wall Social Service Center	Out-Patient	Admissions	201-967-4000	Paramus	Yes
<b>Residential Programs</b>					
New Hope Foundation	In-Patient	Admissions	732-817-0616	Marlboro	No
Turning Point, Inc.		Admissions	973-239-9400	Boonton	No
<b>Seabrook House</b>	←	<b>These programs admit Women who are pregnant postpartum, and post loss, With their children.</b>	856-455-7575	Seabrook	Yes
<b>Sunrise House</b>	←		973-383-6300	Lafayette	No
<b>Great Expectations</b>	←		908-218-0570	Somerville	Yes
<b>Renaissance House</b>	←		973-623-3386	Newark	Yes
<b>Straight &amp; Narrow, Inc.</b>	←		973-345-6000	Paterson	Yes
<b>Eva's Village</b>	←		973-523-6220	Paterson	No
<b>Emergencies/Hotlines</b>					
	<b>Contact Number</b>	<b>Web Sites</b>			
Alcoholics Anonymous	1-800-245-1377	<a href="http://www.aa.org">www.aa.org</a>			
Addiction Hotline	1-800-238-2333	<a href="http://www.njdrughotline.org">www.njdrughotline.org</a>			
DYFS	1-877-652-2873	<a href="http://www.state.nj.us/dcf/divisions/dyfs/">http://www.state.nj.us/dcf/divisions/dyfs/</a>			
Domestic Violence	1-201-944-9600	<a href="http://www.njcbw.org/guide.htm">http://www.njcbw.org/guide.htm</a>			
Narcotics Anonymous	1-800-992-0401	<a href="http://www.na.org">www.na.org</a>			
United Way	211	<a href="http://www.njhelps.org">www.njhelps.org</a>			
National Suicide Hotline	1-800-273-8255	<a href="http://www.suicidepreventionlifeline.org/">http://www.suicidepreventionlifeline.org/</a>			
<b>Warm Line</b>					
	<b>Contact Number</b>	<b>Program Information</b>			
Post Partum Depression	1-800-328-3838	24 hour telephone counseling & referral			
Mental Health Cares	1-866-202-4357	24 hour telephone support and referral			
Mom's Quit Connection	1-856-665-6000	Smoking cessation counseling program			
<b>Assessment Centers</b>					
New Jersey Regional FASD Diagnostic Center	1-973-972-8930	No cost assessments for children and adults with a history of prenatal exposure.			
<b>Information on the Web</b>	<a href="http://www.beintheknownj.org">www.beintheknownj.org</a>	Risks associated with environmental toxins to developing fetus.			



**Please contact us at 201-843-7400 for any additional assistance or support**

Inclusion of treatment providers in this directory does not constitute an endorsement of these providers' practices by the Northern New Jersey MCHC

**B**ergen COUNTY BEHAVIORAL HEALTH PRIVATE PRACTITIONERS  
SERVING PREGNANT AND POST PARTUM WOMEN

Name	Name of Practice	Address	Telephone	Specialties	Languages	Insurance
Lisa D'Acierno, LCSW	Bergen Psychotherapy & Community Outreach, LLC	901 Teaneck Rd. Teaneck, NJ 07666	201-357-2715	PTSD, Trauma Anxiety Depression Autism Spectrum Disorder, Personality Disorders, Adolescents	English Some Spanish	INA, OSSF
Julia del C. Alemán, LCSW	Julia del C. Aleman, LCSW	43 Teaneck Rd. Ridgefield Park, NJ 07660	201807-0240	Social Work Marriage & Family Therapy	English Spanish	INA, OSSF
Richard M. Alperin, DSW	Dr. Richard M. Alperin	175 Cedar Lane Suite 2 Teaneck, NJ 07666	201-836-5050	Psychoanalytic Psychotherapist, Substance Abuse Professional	English	IA, OSSF
Yisook Baik, LCSW	Light the Way Counseling Center	662 Goffle Rd. Hawthorne, NJ 07506	973-636-9600	Child and Adolescent	English Korean	INA, OSSF
* Sherry Blair, LCSW	Isis Innovative Specialists	311 Claremont Avenue Montclair, NJ 07072	973-746-0333	REBT EMDR	English	IA, OSSF, (INA Out Network)
Margaret L. Bost, LCSW	Margaret L. Bost, LCSW	121 Deerhaven Rd. Mahwah, NJ 07430	201- 785-0604	Depression, Anxiety, Panic, Brief Focused CBT / EMDR, Alcohol & Substance Abuse Evaluations	English	INA, OSSF

**LEGEND**

\* Private Practice in Several Counties and/or Office Locations

IA Insurance Accepted INA Insurance Not Accepted

OSSF Offer Sliding Scale Fees SIA Some Insurances Accepted

LCSW Licensed Clinical Social Worker LMFT Licensed Marriage & Family Therapist

LCADC Licensed Clinical Alcohol & Drug Counselor LPC Licensed Professional Counselor

Professional Licenses Current as of May 2009

**Bergen COUNTY BEHAVIORAL HEALTH PRIVATE PRACTITIONERS**  
SERVING PREGNANT AND POST PARTUM WOMEN

Name	Name of Practice	Address	Name	Specialties	Languages	Insurance
Yulia Braginsky, LCSW	Center for Revitalizing Psychiatry, P.C.	145 Main St. Hackensack, NJ 07601	201-488-5161	Depression, Anxiety, Interpersonal Difficulties, Addiction	English Russian	IA
Janet Browner, LCSW	Janet Browner, LCSW	175 Cedar Lane, #3 Teaneck, NJ 07666	201-906-8849	Womens Issues Infertility Pregnancy Loss Anxiety Depression Domestic Violence	English	IA, OSSF
Nancy J. Callahan, LCSW	Nancy J. Callahan, LCSW	362 Cedar Lane, Ste 1 Teaneck, NJ 07666	201-390-1699	Domestic Violence, Eating Disorders, Depression, Anxiety	English	IA
Kathryn Capawana, LCSW, LCADC	Kathryn Capawana, LCSW, LCADC	184 River Vale Rd. Suite 4 Rivervale, NJ 07675	201-895-6402	Substance Abuse Anxiety Depression Relationship Conflicts	English	IA
Karen Peterson-Caviasco, LCSW	Karen Peterson-Caviasco, LCSW	365 Franklin Ave. Wyckoff, NJ 07481	973-951-9264	School Social Work Marriage and Family Therapy	English	IA, OSSF
* James R. Cowan, Jr. MD, PA	* James R. Cowan, Jr. MD, PA	61 N. Maple Avenue Suite 305 Ridgewood, NJ 07450	201-670-4124	Forensic Medicine Addictions Psychopharmacology Alternative Medicine	English	IA

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Name	Name of Practice	Address	Name	Specialties	Languages	Insurance
Michael D' Arcangelo, LCSW, LCADC	Michael D' Arcangelo, LCSW, LCADC	33-11 Broadway Suite 205 Fair Lawn, NJ 07410	201-796-4540	Children Adults Adolescents Individual and Family Counseling Addictions Relationships	English	
*Linda Diaz-Murphy, MA, LCADC, CTS, LAC	Full Circle Mediation & Counseling Center <b>In-Home and Office Visits</b>	PO Box 320 Bogota, NJ 07603	201-320-9907	Trauma Addiction Counseling and Mediation for the Family	English Spanish	INA, OSSF
Alida De Russi	Bergen Psychotherapy & Community Outreach	901 Teaneck Rd. Teaneck, NJ 07666	201-833-8838	Trauma, Para-suicidal Behavior, Developmental Delays, Depression, Autism Spectrum Disorders	English Italian	INA, OSSF
*Susan Donnelly, LCSW	Ridgewood Psychotherapy Associates Serving Bergen, Passaic, Rockland Counties	112 Prospect St. Ridgewood, NJ 07450	201-447-5565	Trauma Spirituality Families	English	IA, OSSF
Renee Lane Fagan, LCSW	Renee Lane Fagan, LCSW	317 Godwin Ave. Midland Park, NJ 07432	201-689-0500	EMDR II Life Coach Parenting Coordinator Divorce Mediator Depression Anxiety Relationships	English	OSSF

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Name	Name of Practice	Address	Telephone	Specialties	Languages	Insurance
Naomi Fox, LCSW, ACSW	Naomi Fox, LCSW, ACSW	2200 N. Central Rd. Apt. 11T Ft. Lee, NJ 07024	201-592-6989	Anxiety, Depression, Relationship Conflicts, Addiction	English	INA, OSSF
Susan Galperin, LCSW, LCADC, SAP	Susan Galperin, LCSW, LCADC	1111 River Road, Apartment C33 Edgewater, NJ 07020	201-224-3437	Addiction Specialist, Specialty Children and Adolescents, Stress.	English	
David Glaser, LCSW	David Glaser, LCSW	9 Post Road Suite M1 Oakland, NJ 0743	201-337-9165	Addictions, Child/ Family Therapy, Divorce, Stress Mgt.	English	IA
Nancy B. Graham, LCSW	Psychotherapy & Counseling Services	214 Engle St. Suite 23 Englewood, NJ 07631	201-615-1475	Individual Psychotherapy Children, Adults, Adolescents Depression, Body Image	English	OSSF
Jay P. Granat, Ph.D	Skyline Consultation Group	1060 Main Street, # 307 River Edge, NJ 07661	201-342-3663	Marriage Counseling, Parenting, Hypnosis Hypnotherapy	Some Spanish, Some Hebrew	IA
Marilyn S. Granat, LCSW, BCD	Marilyn S. Granat, LCSW, BCD	310 Cedar Lane 1st. Floor, Teaneck, NJ 07666	201-712-9520	Child/Adolescent Substance Abuse Anxiety Depression, Grief, Couples	English	IA, OSSF

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Name	Name of Practice	Address	Phone	Specialties	Languages	Insurance
*Rhonda A. Hagler, MD, ASAM	Park Avenue Medical Associates	30 Park Avenue Lyndhurst, NJ 07071	201-438-5900	Internal Medicine, ASAM	English	IA
Virginia M. Huber, LMFT	Virginia M. Huber, LMFT	2083 Center Ave. Suite G Fort Lee, NJ 08024	201-567-0834	Certified Addiction Specialist	English	OSSF
Michael D. James, Ph.D., LCADC, LPC	Dr. Michael D. James, PhD	61 N. Maple Ave. Suite 101C Ridgewood, NJ 07450	201-606-1694	Addictions Depression Esteem Trauma Relationships	English	IA, OSSF
Sherry Katz, LCSW	Old Stories, New Views Family Therapy	4 Wilsey Square Suite 2 Ridgewood, NJ 07450	201-445-4770	Family Therapist Ackerman Institute for the Family	English	IA, OSSF
Hank W. Kim, LPC, LCADC	Jubilee Counseling Center	280 Broad Ave. Suite 303 Palisades Park NJ 07650	201-394-4055	Addiction Counseling	English Korean	INA, OSSF
Beverly Kolsky, LCSW, BCD-P	Beverly Kolsky, LCSW, BCD-P	163 Engle Street Bldg. 5 Englewood, NJ 07631	201-894-5499	Addictions Children Psychoanalysis	English French	INA, OSSF

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Name	Name of Practice	Address	Telephone	Specialties	Languages	Insurance
Steven Kovel, LCSW, LMFT	Relief & Solutions Counseling Center	106 Old Hook Rd. Westwood, NJ 07676	201-666-2400	Families Couples	English	IA
Karen Lanza, LCSW	Karen Lanza, LCSW	370 Kinderkamack Rd., Suite C Oradell, NJ 07649	201-599-1740	Addictions EMDR	English	IA, OSSF
Frances M. Levine LCSW, BCD-P	Frances M. Levine LCSW, BCD-P	101 Cedar Lane Teaneck, NJ 07666	201-837-5259	Board Certified Social Work Psychoanalyst Depression, Anxiety	English	IA, OSSF
Erika Leeuwenburgh, LPC, LCADC, ATR-BC, CCLS	Center 36-Creative Arts Network	36 Franklin Trpk. Suite # 5 Waldwick, NJ 07463	201-251-4242	Board Certified Art Therapist; Bereavement, Medical Conditions Parenting & Children	English	OSSF
Carolyn Porte-Lieberman, LCSW	Carolyn Porte-Lieberman, LCSW	121 Cedar Lane Teaneck, NJ 07666	201-567-4983	Borderline Personality & Mood Disorders, PTSD, Sexually Abused Adults, Sexual Addictions	English	IA

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Name	Name of Practice	Address	Telephone	Specialties	Languages	Insurance
Livant, Judith G. LPC, LCADC	Judith G. Livant, LLC	3 Parkview Plaza Morristown, NJ 07960	973-971-0060	Substance Abuse	English	IA OSSF
Marion Lorenzo, LCSW	Marion Lorenzo, LCSW	475 Ridgewood Blvd. North Washington Township, NJ 07676	201-666-1241  (barrier-free)	Anxiety, Depression, Loss, Individuals, couples, & Families	English	INA, OSSF
Linda Diaz-Murphy, MA, LCADC, CTS, CRMS	Full Circle Mediation & Counseling Center Private & In-Home Visits	PO Box 320 Bogota, NJ 07603	201-320-9907	Trauma Specialist Conflict Resolution Addictions	English Spanish	INA, OSSF
Thomas Nugent, LCSW	Thomas Nugent, LCSW	302 Columbia Blvd. Woodridge, NJ 07075	201-460-TALK (8255)	Addictions, PTSD Veterans Readjustment, MFT, Domestic Violence, Teens, Depression.	English Some German	IA, OSSF
Stacey Glick-Novak, LCSW, LCADC	Relief & Solutions Counseling Center	106 Old Hook Rd Westwood, NJ 07675	201-666-2400	Substance Abuse	English	IA
Rachela M. Paul, LCSW	Rachela M. Paul, LCSW	23 Marz Road Woodcliff Lake, NJ 07677	201-391-0495	Domestic Violence Ind/Couple	English Limited Italian	IA

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Name	Name of Practice	Address	Telephone	Specialties	Languages	Insurance
Alicia L. Poleshuk, Ph.D.	Alicia L. Poleshuk, PhD Psychotherapist	101 Cedar Lane Suite 304 Teaneck, NJ 07666	201-663-1257		English	IA, OSSF
Rita Reseska, LCSW, LCADC, DVS	Lakeside Counseling Center	136 Broadway, #2 Woodcliff Lake, NJ 07677	201-391-4492	Women's Issues, Domestic Violence Specialist Addictions	English	IA, OSSF
Christopher Robinson, LCSW	Relief & Solutions Counseling Center	106 Old Hook Rd. Westwood, NJ 07675	201-666-2400	Relationships Couples Christian Counseling Medical Co- morbidities	English	IA, OSSF
Gail Rosen, LCSW	Gail Rosen, LCSW, Counseling, Therapy & Mediation	145 N. Franklin Trpk., Suite 204 Ramsey, NJ 07446	201-785-8998	Ind/Couples Remarriage/ Blended Families Mood Disorders Personal Growth & Development	English	INA, OSSF

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**SERVING PREGNANT AND POST PARTUM WOMEN**

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Ina Rubin, LCSW	Ina Rubin, LCSW	265 Cedar Lane 2 <sup>nd</sup> . Floor Teaneck, NJ 07666	201-666-4478	Adults, Children, Families	English	IA, OSSF
*Lynn J. Saltiel, MSSW, LCSW	Psychotherapy & Consultation	83 Wayne Street Suite 204 Jersey City, NJ 07302	201-725-6482	EMDR Certified, NJ School SW Couple and Family Therapy	English	IA, OSSF
Robyn Schwartz, LCSW	Robyn Schwartz, LCSW	222 Kinderkamack Suite 102 Oradell, NJ 07649	201-967-1346	PTSD Depression, Anxiety, Adults, Children and Families	English	IA, OSSF
Seligman Michelle, LCSW,	Michele Seligman, LCSW, BCD	10 Wilsey Square Suite 204 Ridgewood, NJ 07450	201-444-5347	Relationship Counseling, Family Therapy, Parenting, and Postpartum Dep.	English	IA, OSSF
Socorro Caballery-Smith, MSW, LCSW	Therapeutic Solutions	89 West Ridgewood Ave. Ridgewood, NJ 07450	201-251-9133	Child Sexual Abuse Women Issues, Depression and Anxiety	Spanish English	IA, OSSF

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SERVING PREGNANT AND POST PARTUM WOMEN

Name	Name of Practice	Address	Telephone	Specialties	Languages	Insurance
Socorro Caballery-Smith, MSW, LCSW	Therapeutic Solutions	89 West Ridgewood Ave. Ridgewood, NJ 07450	201-251-9133	Child Sexual Abuse Women Issues, Depression and Anxiety	Spanish English	IA, OSSF
Frances A. Soranno, LCSW	Relief & Solution Counseling Center	106 Old Hook Rd Westwood, NJ 07675	201-666-2400	Women, Maternity, Family Issues Health Related Issues	English	IA, OSSF
Diane Vollenweider, LCSW	Relief & Solutions Counseling Center	106 Old Hook Rd Westwood, NJ 07676	201-666-2400	Children and Adults Depression & Anxiety	English	IA, OSSF
Jeffrey J. Wilson, MD	Jeffrey J. Wilson, MD, LLC	1 University Plaza Suite 305 Hackensack, NJ 07601	201-457-1116	Child/Teens Adult, Parent /Child Psychiatry Addiction Specialist	English	INA OSSF/Lim it
Williams, Jane, LCSW LCADC	Professional Counseling Assocaites	370 Kinderkamack Rd. Oradell, NJ 07649	201-265-0679	Addictions, Women's Issues	English	SIA, OSSF

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*Essex County*

## ESSEX COUNTY, NEW JERSEY

### Licensed Treatment Programs & Hotlines Responding to Pregnant and Parenting Women with Substance Use and Domestic Violence Issues

Assessment & Treatment Sites	Level of Care	Contact	Number	Address	Methadone
East Orange Substance Abuse	Out-Patient	Admissions	973-266-5200	East Orange	Methadone
The Lennard Clinic, Inc.	Out-Patient	Admissions	973-596-2850	Newark, NJ	Methadone
Integrity House	Out-Patient	Sandra Armstrong	973-639-6919	Newark	No
Newark Renaissance House	IOP/IP	Paula Blenman	973-623-3386	Newark	Yes
Re-unity House	IOP/IP	Admissions	973-763-2158	Newark	No
The Bridge	Out-Patient	Admissions	973-763-2158	Irvington	No
St. Michaels Hospital	Out-Patient	Kenneth Woler	973-242-6220	Newark	No
Cope Center	Out-Patient	Admissions	973-783-6655	Montclair	No
<b>Residential Programs</b>					
New Hope Foundation	In-Patient	Admissions	732-817-0616	Marlboro	No
Turning Point		Admissions	973-239-9400	Boonton	No
Seabrook House	←	<b>These programs admit Women who are pregnant, Postpartum, and post loss, With their children.</b>	856-455-7575	Seabrook	Yes
Sunrise House	←		973-383-6300	Lafayette	No
Great Expectations	←		908-218-0570	Somerville	No
Newark Renaissance House	←		973-623-3386	Newark	Yes
Straight & Narrow, Inc.	←		973-345-6000	Paterson	Yes
Eva's Village	←		973-523-6220	Newark	Yes
<b>Emergencies/Hotlines</b>					
Alcoholics Anonymous	Contact Number	Web Sites			
Addiction Hotline	1-800-245-1377	<a href="http://www.aa.org">www.aa.org</a>			
DYFS	1-800-238-2333	<a href="http://www.njdrug hotline.org">www.njdrug hotline.org</a>			
Domestic Violence	1-877-652-2873	<a href="http://www.state.nj.us/dcf/divisions/dyf">http://www.state.nj.us/dcf/divisions/dyf</a>			
Narcotics Anonymous	1-973-759-2154	<a href="http://www.njcbw.org/guide.htm">http://www.njcbw.org/guide.htm</a>			
United Way	211	<a href="http://www.njhelps.org">www.njhelps.org</a>			
National Suicide	1-800-992-0401	<a href="http://www.suicidepreventionlifeline.org">http://www.suicidepreventionlifeline.org</a>			
<b>Warm Line</b>					
Post Partum Depression	Contact Number	Program Information			
Mental Health Cares	1-800-328-3838	24 hour telephone counseling & referral			
Mom's Quit Connection	1-866-202-4357	24 hour telephone support and referral			
	1-856-665-6000	Telephone smoking cessation program			
<b>Assessment Centers</b>					
FAS NJ Regional Diagnostic Center	1-973-972-8930	No cost assessments for children and adults w/prenatal exposure to alcohol			
<b>Information on the Web</b>	<a href="http://www.beintheknownj.org">www.beintheknownj.org</a>	Risks associated with environmental toxins to developing fetus.			



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*Essex* COUNTY BEHAVIORAL HEALTH PRIVATE PRACTITIONERS  
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Name	Name of Practice	Address	Number	Specialties	Languages	Insurance
Achtertuch, Harriet LCSW	Harriet Achtertuch, LCSW	2115 Millburn Ave. Maplewood, NJ 07040	973-378-5804	EMDR Marriage Counseling	English Hebrew	INA, OSSF
Aronov, Elise LCSW	Elise Aronov, LCSW	17 Midland Ave. Montclair, NJ 07042	212-414-4480	Infertility, Parenting, Gender Issues	English	INA, OSSF
Bandman, Dayna LCSW	Dayna Bandman, LCSW	292 Bloomfield Ave. Montclair, NJ 07042	201-953-9550	Bereavement, Depression, Postpartum Depression	English	IA, OSSF
Barretti, Louis Ph.D, LCADC	Louis Barretti. Ph.D., LCADC	295 Bloomfield Ave. Caldwell, NJ 07006	973-226-5162	Substance Abuse, Family Therapy, Psychologist	English	INA
* Blair, Sherry LCSW	Isis Innovative Specialists Inspriational Services, LLC	311 Claremont Avenue Montclair, NJ 07042	973-746-0333	EMDR, REBT, Trauma, Substance Abuse, Chronic Psychiatric	English	IA, OSSF,
* Cowan, James R. MD, PA	James R. Cowan, MD, PA	61 N. Maple Avenue Ridgewood, NJ 07450	201-670-4124	Forensic Medicine Addictions Psycho/ Pharmacology Alternative Medicine	English	IA

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LCADC Licensed Clinical Alcohol & Drug Counselor LPC Licensed Professional Counselor

Professional Licenses Current as of May 2009



*Essex* COUNTY BEHAVIORAL HEALTH PRIVATE PRACTITIONERS  
SERVING PREGNANT AND POST PARTUM WOMEN

Name	Name of Practice	Address	Number	Specialties	Languages	Insurance
* Cutler, Howard LCSW	The Center for Psychotherapy	215 Ridgedale Ave. Florham Park, NJ 07932	973-410-0333	Eating Disorders Major Depression Anxiety	English	IA, OSSF
Davis, Barbara LCSW	Barbara Davis, LCSW	15 Village Plaza #2B South Orange, NJ 07079	973-313-1990	Certification Psychoanalytic Psychotherapy Extensive Experience in Addictions	English	OSSF
*Fritz, Howard LPC, LCADC	Dr. Howard Fritz	400 7 <sup>th</sup> Avenue Newark, NJ 07107	201-230-7581	Opiate, Mental Health, Domestic Violence, Couples, Families, HIV	English	IA, OSSF
Fuhlrodt, Robert L. LCSW, LCADC	Montclair Center for Psychodrama and Psychotherapy	11 So Fullerton Ave. Montclair, NJ 07042	973-746-6928	Certified Sex Addiction Therapist	English	INA
* Groman, Melissa LCSW	Melissa Groman, LCSW Therapy Associates	661 Franklin Ave. Nutley, NJ 07110	973-667-8777	Eating, Cutting Disorders Postpartum Depression	English	IA, OSSF

**LEGEND**

\* Private Practice in Several Counties and/or office locations  
 IA Insurance Accepted INA Insurance Not Accepted  
 OSSF Offer Sliding Scale Fees SIA Some Insurances Accepted  
 LCSW Licensed Clinical Social Worker LMFT Licensed Marriage & Family Therapist  
 LCADC Licensed Clinical Alcohol & Drug Counselor LPC Licensed Professional Counselor

Professional Licenses Current as of May 2009



*Essex* COUNTY BEHAVIORAL HEALTH PRIVATE PRACTITIONERS  
SERVING PREGNANT AND POST PARTUM WOMEN

Name	Name of Practice	Address	Number	Specialties	Languages	Insurance
* Groman, Melissa LCSW	Melissa Groman, LCSW Therapy Associates	661 Franklin Ave. Nutley, NJ 07110	973-667-8777	Eating, Cutting Disorders Postpartum Depression	English	IA, OSSF
* Gross, Ellen J. LCSW	Ellen J. Gross, LCSW	35 Morey Lane Randolph, NJ 07869	973-895-6027	Depression Mood Disorders Marital	English	IA
Maureen Ghali MA, LPC, LCADC, CCJP, WTS.	Maureen Ghali MA, LPC, LCADC, CCJP, WTS.	14 Ravine Avenue Caldwell, NJ 07006	201-953-4778	Women's Specialized Treatment Criminal Justice	English	INA, OSSF
* Hagler, Rhonda A. MD	Park Avenue Medical Associates	30 Park Avenue Lyndhurst, NJ 07071	201-438-5900	Addiction Medicine Internist	English	IA, OSS
Hessdorf, Michael LCSW	Michael Hessdorf, LCSW	2115 Millburn Ave. Maplewood, NJ 07040	973-378-5804		English	INA, OSSF
Hoffer, Janet LCSW	Janet S. Hoffer, MSW, LCSW	38 Fairway Ave. West Orange, NJ 07052	973-736-7377	Adults Adolescents Trauma, PTSD	English	IA, OSSF

**LEGEND**

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*Essex* COUNTY BEHAVIORAL HEALTH PRIVATE PRACTITIONERS  
SERVING PREGNANT AND POST PARTUM WOMEN

Name	Name of Practice	Address	Phone	Specialty	Language	Insurance
Kabat, Mary LCSW	Mary Kabat, LCSW, LMFT	414 Eagle Rock Ave., Suite 304 West Orange, NJ 07052	973-243-4994	Substance Abuse	English	SIA, OSSF
*Kritzer-Lange, Maureen MSW, LCSW	Maureen Kritzer-Lange, MSW, LCSW	35 Maplewood Avenue Maplewood, NJ 07040	973-313-1691	Eating Disorders, PTSD, Anxiety and Depression	English	INA
Pisani, Shelden LCADC	Shelden Ogilvy Pisani, Ph.D., LCADC	44 Lake Rd. Short Hills, NJ 07078	973-467-3721	Drug & Alcohol Counseling ALANON Gestalt Practice Psycho-spiritual Counseling	English	INA
Ponticello, Jo LCSW	Jo Ponticello LCSW	3 Ernst Ave. Bloomfield, NJ 07003	973-338-6744	Certificate Family Systems Therapy Certified Alcohol Studies	English	IA, OSSF
Samet, Jeanne LCSW	Janet Samet, LCSW	501 Highland Ave. Upper Montclair, NJ 07043	973-746-1988	Family Therapy, Eating Disorders, Chronic Illness, Anxiety and Mood Disorders Infertility, Grief	English	SIA, OSSF

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 **ESSEX COUNTY BEHAVIORAL HEALTH PRIVATE PRACTITIONERS**  
SERVING PREGNANT AND POST PARTUM WOMEN

Name	Name of Practice	Address	Telephone	Specialties	Languages
*Lynn J. Saltiel, LCSW	Psychotherapy & Consultation	83 Wayne Street Suite 204 Jersey City, NJ 07302	201-725-6482	EMDR, School Social Worker Couple and Family Therapy	English
Schessler, Peter A. LCSW, BCD, ACSW, PA	Peter A. Schessler, MSW, LCSW, PA	324 Bellville Ave. Bloomfield, NJ 07003	973-748-8131	American Bd. Of Examiner Clinical Social Work	English
*Linda Diaz-Murphy, MA, LCADC, CTS, LAC	Full Circle Mediation & Counseling Center <b>In-Home and Office Visits</b>	PO Box 320 Bogota, NJ 07603	201-320-9907	Trauma Addiction Counseling and Mediation for the Family	English Spanish
Snider, George LCADC	George Snider, , D. Min, LCADC, CEAP, CPCC, CART, CDVC	395 Pleasant Valley Way West Orange, NJ 07052	973-634-2475	Certified Addictions, Christian Counselor, Domestic Violence, Anger Resolution	English
Zornitzer, Michael MD	Michael Zornitzer, MD, PA	2 W. Northfield Road Livingston, NJ 07039	973-992-6090	American Bd. Psychiatry & Neurology Board Certified in Psychiatry	English

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*Morris County*

# MORRIS COUNTY NEW JERSEY

Licensed Treatment Programs & Hotlines Helping Pregnant and Parenting Women with Substance Use, Domestic Violence and Mental Health Issues

Assessment & Treatment Sites	Level of Care	Contact	Number	Address	Methadone
Morristown Memorial Hospital	Intensive O/P, OP	Admissions	973-247-1400	Morristown	Yes
St. Clare's Behavioral Health	Intensive O/P, OP Detoxification	Access Center	973-316-1899	Boonton	Yes
The Willow Tree	Outpatient	Admissions	973-682-8733	Morris Plains	Yes
Morris County Aftercare	Outpatient	Admissions	973-927-6641	Randolph	Yes
<b>Residential Programs</b>					
New Hope Foundation	In-Patient	Admissions	732-817-0616	Marlboro	No
Turning Point, Inc.	In-Patient	Admissions	973-239-9400	Boonton	No
Seabrook House	←	<b>These programs admit Women who are pregnant, Postpartum, and post loss, With their children</b>	856-455-7575	Seabrook	Yes
Sunrise House	←		973-383-6300	Lafayette	No
Great Expectations	←		908-218-0570	Somerville	Yes
Newark Renaissance House	←		973-623-3386	Newark	Yes
Straight & Narrow, Inc.	←		973-345-6000	Paterson	Yes
Eva's Village	←		973-523-6220	Paterson	Yes
<b>Hotlines</b>					
Alcoholics Anonymous	Contact Number	Web Sites			
Addiction Hotline	1-800-245-1377	<a href="http://www.aa.org">www.aa.org</a>			
DYFS	1-800-238-2333	<a href="http://www.njdrughotline.org">www.njdrughotline.org</a>			
Domestic Violence (JBWS)	1-877-652-2873	<a href="http://www.state.nj.us/dcf/divisions/dyfs/">http://www.state.nj.us/dcf/divisions/dyfs/</a>			
Narcotics Anonymous	1-973-267-4763	<a href="http://www.nicbw.org/guide.htm">http://www.nicbw.org/guide.htm</a>			
United Way	1-800-992-0401	<a href="http://www.na.org">www.na.org</a>			
National Suicide Hotline	211	<a href="http://www.njhelps.org">www.njhelps.org</a>			
	1-800-273-8255	<a href="http://www.suicidepreventionlifeline.org/">http://www.suicidepreventionlifeline.org/</a>			
<b>Other Hotlines</b>					
Post Partum Depression	Contact Number	Program Information			
Mental Health Cares	1-800-328-3838	24 hour telephone counseling & referral			
Mom's Quit Connection	1-866-202-4357	24 hour telephone support and referral			
	1-856-665-6000	Telephone smoking cessation program			
<b>FASD Assessment Centers</b>					
New Jersey Regional FASD Diagnostic Center	1-973-972-8930	No-cost assessments for children and adults with a history of prenatal exposure			
<b>Information on the Web</b>	<a href="http://www.beintheknownj.org">www.beintheknownj.org</a>	Risks associated with environmental toxins to developing fetus.			



**Please contact us at 201-843-7400 for any additional information**

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*M*orris COUNTY BEHAVIORAL HEALTH PRIVATE PRACTITIONERS  
SERVING PREGNANT AND POST PARTUM WOMEN

Practitioner	Name of Practice	Office Address	Contact	Specialty	Languages	Insurance
Albiston, Kenneth W. LCSW	Kenneth Albiston, LCSW	19 Sunset Rd. Morris Plains, NJ 07950	973-538-9724	Adolescents & Adults; Depression, Anxiety, Adjustment Issues	English	INA, OSSF
Elizabeth Adams, LCSW	Elizabeth Adams, LCSW	76 Broadway Denville, NJ	973-919-6703	Addictions Divorce Trauma Death & Loss	English	IA, OSSF
Lily Arora, MD	Lily Arora, MD	24 Elm Street, Suite 3 Morristown, NJ 07960	973-349-2505	PPD, Addictions, PTSD, Anxiety, Depression, Psychodynamic Psychotherapy, and Psychopharmacology	English Hindi	INA, OSSF
Joan G. Berkowitz, LCSW, NCPsyA, ADTR	Joan G. Berkowitz, LCSW, NCPsyA, ADTR	215 Ridgedale Avenue Florham Park, NJ 07932	973-994-0714	Anxiety, Depression, Trauma, EMDR, Dance/Movement Therapy	English	IA, OSSF
*Blair, Sherry LCSW	Isis Innovative Specialists	311 Claremont Avenue Montclair, NJ 07072	973-746-0333	REBT EMDR	English	IA, OSSF
* Cutler, Howard, LCSW	The Center for Psychotherapy	215 Ridgedale Ave. Florham Park, NJ 07932	201-207-1534	Eating Disorders Major Depression Anxiety	English	IA, OSSF

**LEGEND**

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*M*orris COUNTY BEHAVIORAL HEALTH PRIVATE PRACTITIONERS  
SERVING PREGNANT AND POST PARTUM WOMEN

Name	Name of Practice	Address	Name	Specialties	Languages	Insurance
Dilzell, Cecilia LCSW, LMFT	Cecilia Dilzell, LCSW, LMFP	8 Shunpike Rd. Madison, NJ 07940	973-966-0115	Individuals and Couples, Depression, Anxiety, and OCD	English	IA, OSSF No HMO
Foegen, Rita LCADC, APN	Rita Foegen, LCADC, APN	300 West Main Street Rockaway, NJ 07866	973-537-4011	Psychiatric Mental Health Nursing Addictions	English	IA; OSSF
*Fritz, Howard LPC, LCADC	Dr. Howard Fritz	1574 Sussex Turnpike. Randolph, NJ 07869	201-230-7581	Opiate, Mental Health, Domestic Violence, Probation, DYFS, Couples, Families, HIV	English	SIA, OSSF
Georgeson, Kathy LCSW	Kathy Georgeson, LCSW	51 South St. #10 Morristown, NJ 07960	201-317-6925	BCD, Employee Assistance Program	English	IA, OSSF
Gutwillig, Arlene LCSW, LMFT	Arlene Gutwillig, MSW, LCSW, LMFT, BCD, DCSW	68 Poplar Drive Morris Plains, NJ 07950-3231	973-539-3820	Individual & relationship counseling; emotional, physical, & sexual abuse; loss & unresolved grief	English	SIA, OSSF
Kopit, Phyllis LCSW, ACSW	Phyllis Kopit, LCSW, ACSW	126 South St. Morristown, NJ 07960	973-868-7063	Substance Abuse	English	IA, OSSF

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*M*orris COUNTY BEHAVIORAL HEALTH PRIVATE PRACTITIONERS  
SERVING PREGNANT AND POST PARTUM WOMEN

Name	Name of Practice	Address	Name	Specialties	Languages	Insurance
Krumholz, Estelle L. LCSW	Estelle L. Krumholz, LCSW	37-A Village Rd. Florham Park, NJ 07932	973-443-0200	Addictions & Recovery Parenting, Bereavement, Unresolved Grief	English	SIA, OSSF
* Kritzer-Lange, Maureen MSW, LCSW	* Maureen Kritzer-Lange, MSW, LCSW	43 Maple Avenue Morristown, NJ 07960	973-313-1691	Eating Disorders, PTSD, Anxiety and Depression	English	INA
La Russo, Jamie LPC	Denville Family Counseling	92 Broadway, Suite 204 Denville, NJ 07034	973-625-3025	Women's Issues Adolescents	English	INA
Livant, Judith G. LPC, LCADC	Judith G. Livant,, LLC	3 Parkview Plaza Morristown, NJ 07960	973-971-0060	Substance Abuse	English	IA OSSF
Elizabeth MacGregor Ed.D, LPC	Montville Counseling Center	10 Stoney Brook Rd. Montville, NJ 07045	973-331-0043	Women's Issues, Postpartum Depression, Addiction Issues, Stress and Anger Management	English	IA, OSSF
McDonald, Mary Beth MA, LPC, LCADC	Mary Beth McDonald, MA, LPC, LCADC	92 Broadway Suite 104 Denville, NJ 07834	973-283-4538	Substance Abuse Bereavement	English	IA
Pastor, Lynne LCSW LCADC, SAP, LLC	Lynne Pastor, LCSW, LCADC, SAP, LLC	54 Main St., S 202 Succasunna, NJ 07876	973-584-3020	SAP, NJ Court Approved Parenting Coordinator	English	Most IA OSSF

**LEGEND**

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*M*orris COUNTY BEHAVIORAL HEALTH PRIVATE PRACTITIONERS  
SERVING PREGNANT AND POST PARTUM WOMEN

Name	Name of Practice	Address	Phone	Specialties	Languages	Insurance
*Pisani, Shelden Ph.D. LCADC	Shelden Ogilvy Pisani, Ph.D., LCADC	44 Lake Rd. Short Hills, NJ 07078	973-467-3721	Drug & Alcohol Counseling ALANON Gestalt Practice Psycho- Spiritual & Transition Counseling	English	INA
Seligman, Constance LCSW	Connie Seligman, LCSW	248 Columbia Trpk Florham Park, NJ 07932	973-539-2205	Short Term Psychotherapy EMDR Level II	English Some French	IA
*Linda Diaz-Murphy, MA, LCADC, CTS, LAC	Full Circle Mediation & Counseling Center <b>In-Home and Office Visits</b>	PO Box 320 Bogota, NJ 07603	201-320-9907	Trauma Addiction Counseling and Mediation for the Family	English Spanish	INA, OSSF
Stealey, Josephine G., LCSW NCPsyA	Josephine G. Stealey, LCSW NCPsyA	112 Old Farmers Rd. Long Valley, NJ 07853	908-876-4884	Depression, Anxiety, Grief, Personality Disorders Psychoanalysis Adolescents	English	INA, OSSF
Tana, Margaret (Peggy) Ed.M, MAT ,LPC, LCADC	Margaret (Peggy) Tana, Ed.M, MAT, LPC, LCADC	170 Kinnelon Rd. 14-M Kinnelon, NJ 07405	973-838-7265	Anxiety, Depression, EMDR Domestic Violence, Spirituality, Substance Abuse, EMDR	English	IA

**LEGEND**

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*Passaic County*

## PASSAIC COUNTY, NEW JERSEY

### Licensed Treatment Programs & Hotlines Responding to Pregnant and Parenting Women with Substance Use and Domestic Violence Issues

Assessment & Treatment Sites	Level of Care	Contact	Number	Address	Methadone
Paterson Counseling Center, Inc.	Prenatal Care & Methadone	Admissions	973-523-8316	Paterson	Methadone
Straight& Narrow, Inc.	O/P, Residential	Admissions	973-345-6000	Paterson	Yes
Eva's Village Inc.	Intensive Out-Patient	Admissions	973-523-6220	Paterson	No
Wayne Counseling Center	Assessment and OP	Admissions	973-694-1234	Wayne	No
Residential Programs					
New Hope Foundation	In-Patient	Admissions	732-817-0616	Marlboro	No
Turning Point, Inc.		Admissions	973-239-9400	Boonton	No
<b>Seabrook House</b>	←	These programs admit Women who are pregnant, Postpartum, and post loss, With their children	845-455-7575	Seabrook	Yes
<b>Sunrise House</b>	←		973-383-6300	Lafayette	No
<b>Great Expectations</b>	←		908-218-0570	Somerville	Yes
<b>Newark Renaissance House</b>	←		973-623-3386	Newark	Yes
<b>Straight &amp; Narrow, Inc.</b>	←		973-345-6000	Paterson	Yes
<b>Eva's Village</b>	←		973-523-6220	Paterson	No
Emergencies/Hotlines	Contact Number	Web Sites			
Alcoholics Anonymous	1-800-245-1377	<a href="http://www.aa.org">www.aa.org</a>			
Addiction Hotline	1-800-238-2333	<a href="http://www.njdrughotline.org">www.njdrughotline.org</a>			
DYFS	1-877-652-2873	<a href="http://www.state.nj.us/dcf/divisions/dyf">http://www.state.nj.us/dcf/divisions/dyf</a>			
Domestic Violence	1-973-881-1450	<a href="http://www.njcbw.org/guide.htm">http://www.njcbw.org/guide.htm</a>			
Narcotics Anonymous	1-800-992-0401	<a href="http://www.na.org">www.na.org</a>			
United Way (general information)	211	<a href="http://www.njhelps.org">www.njhelps.org</a>			
National Suicide	1-800-273-8255	<a href="http://www.suicidepreventionlifeline.org">http://www.suicidepreventionlifeline.org</a>			
Warm Line	Contact Number	Program Information			
Post Partum Depression	1-800-328-3838	24 hr telephone counseling & referral			
Mental Health Cares	1-866-202-4357	24 hr telephone support and referral			
Mom's Quit Connection	1-856-665-6000	Telephone smoking cessation program.			
Assessment Centers					
FAS NJ Regional Diagnostic Center	1-973-972-8930	No-cost assessments for children and adults with a history of prenatal exposure.			
Information on the Web	<a href="http://www.beintheknownj.org">www.beintheknownj.org</a>	Risks associated with environmental toxins to developing fetus.			



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*P*assaic COUNTY BEHAVIORAL HEALTH PRIVATE PRACTITIONERS  
SERVING PREGNANT AND POST PARTUM WOMEN

Name	Name of Practice	Address	Telephone	Specialties	Languages	Insurance
* Blair, Sherry LCSW	Isis Innovative Specialists	311 Claremont Avenue Montclair, NJ 07072	973-746-0333	REBT EMDR	English	IA, OSSF, (INA Out Network)
Carlson, Sandra A. LCADC LCSW	Sandra A. Carlson Counseling	11 Sunset Rd. Ringwood, NJ 07456	973-962-4425	Substance Abuse	English	IA, OSSF
*Linda Diaz-Murphy, MA, LCADC, CTS	Full Circle Mediation & Counseling Center	PO Box 320 Bogota, NJ 07603 Private & In-home visits	201-320-9907	Trauma Specialist	Spanish English	INA, OSSF
Diana Riccioli, MD	Diana Riccioli, MD	925 Clifton Avenue Clifton, NJ 07013	973-471-5256	Psychiatry Forensic Psychiatry	English Italian	INA, OSSF
* Groman, Melissa LCSW	Melissa Groman, LCSW	661 Franklin Ave. Nutley, NJ	973-772-3277	Eating, Cutting Disorders PPD	English	IA, OSSF
Jachna, Renata LPC, LCADC	Clifton Counseling Services	60 Hadley Ave. Clifton, N.J. 07011	973- 986-3047	Addictions	English Polish	INA, OSSF

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